

### The benefits for the patient at Conemaugh's Spine Center

- A coordinated approach to diagnosis and treatment by a multidisciplinary team that includes physiatry, pain management specialists, physical therapy, behavioral health, case management and experienced clinicians.
- Seamless transitions between providers
- Comprehensive surgical and non-surgical treatment options
- Increased patient satisfaction
- Decreased length of treatment



To learn more about the **Conemaugh Spine Center**, call **814.534.SPIN (7746)** or visit **conemaugh.org**.



Conemaugh Memorial Medical Center

# Spine Center





## Comprehensive program for neck and back pain

### The Conemaugh Spine Center

provides a team of specially trained caregivers to help patients struggling with spinal conditions and neck and back pain caused by disease, aging or injury.

A comprehensive treatment plan is developed specifically for each individual, based on their symptoms and history. The long-term goal is to relieve pain, improve functional ability, and return patients to a normal lifestyle as quickly and comfortably as possible.

Non-operative and conservative treatment options are often first explored, but for some patients, surgery may be the most appropriate and effective treatment. A plan is developed after a thorough exam and medical history review is completed.

Some treatment plans require diagnostic studies. The Conemaugh Spine Center offers the latest non-invasive and invasive imaging studies including MRI, advanced CT scanning, myelography and discography.

**Dr. Steven Guirand**, is a physiatrist specializing in physical medicine and rehabilitation and fellowship trained in pain medicine. Dr. Guirand provides treatment for chronic pain and musculoskeletal injuries and is experienced in image-guided musculoskeletal, spine, peripheral and sympathetic nerve injections.

